

RETIREMENT SECURITY MONTH

The start of October marks
Retirement Security Month—a vital
opportunity to focus on your
financial future. We're committed to
helping you understand the
importance of retirement planning
and how to secure your financial
well-being for the years ahead.

Why does Retirement Security Matter?

Long-Term Planning: Retirement can span 20 years or more. Effective planning ensures you can maintain your desired lifestyle and achieve your personal goals throughout these years.

Assessing Your Needs: How much will you need to support your hobbies, travel, and healthcare? Having a clear vision helps set realistic savings goals.

Regular Strategy Reviews: Life circumstances and market conditions change. Regularly assessing your retirement plan ensures it remains aligned with your evolving needs and goals, allowing for necessary adjustments as you approach retirement.

Connect with us on <u>Social Media</u> for more tips throughout this Retirement Security Month!

UPCOMING:

Educational Events

October 9th: Taxes in Retirement, *Greenville*, 1:30 p.m

October 16th: Income and Social Security, *Columbia*, 11:30 a.m.

Webinars

October 10th: Understanding Your Medicare Options, *Virtual*, 6:30 p.m.

CLIENT WEBINAR

We are excited to invite all our clients to our virtual webinar, Understanding Your Medicare Options, on October 10th at 6:30 P.M. Hosted by Adam Smith, Partner and Financial Advisor, this session will provide valuable insights into the annual Medicare enrollment period, including important details about when and how to enroll in or switch Medicare plans. We look forward to seeing you there!

CLICK HERE TO SIGN UP!

MENTAL HEALTH AWARENESS MONTH

As we enter October, it's important to recognize Mental Health Awareness Month—a time to promote understanding and support for mental well-being. At Capital City Financial Partners, we believe that mental health and financial health are closely intertwined.

Stress and anxiety about finances can significantly impact mental health, leading to a cycle that affects both our emotional well-being and financial decisions. This month, we encourage our clients and team members to prioritize mental health by fostering open conversations about financial stressors and seeking support when needed.

Key Points to Consider:

Recognize the Connection: Financial pressures can lead to heightened anxiety. Acknowledging this connection is the first step in managing both your mental and financial health.

Seek Support: If you're feeling overwhelmed by financial decisions or uncertainties, consider talking to a professional—whether it's your financial advisor or a mental health expert. Both perspectives can provide valuable insights.

Educate Yourself: Knowledge is empowering. Understanding your financial situation and options can reduce anxiety and help you feel more in control.

DON'T LET THE ELECTION IMPACT YOUR RETIREMENT SECURITY

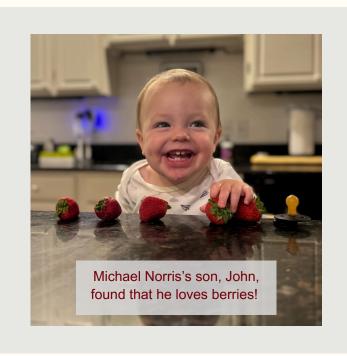
We value offering our clients resources, on our website, that can help navigate the complexities of taxes in retirement.

Our <u>Election Uncertainty Guide</u> covers:

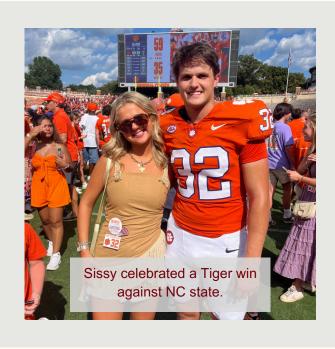
- The Financial Implications of the 2024 Election:
 Explore how the upcoming election could influence your financial landscape.
- Potential Changes to Tax Legislation: Understand how upcoming electoral outcomes may reshape tax laws and what that means for you.
- Impact of Proposed Policies on Retirement Accounts:
 Discover how new policy proposals could affect your retirement planning and savings strategies.

CLICK HERE TO DOWNLOAD NOW!

TEAM UPDATES











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